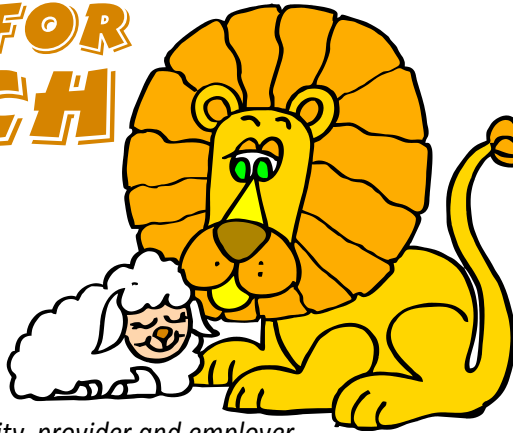


"March comes in like a lion and goes out like a lamb!"

MENUS FOR MARCH 2015

Neshaminy Elementary Schools
Brk \$1 Lunch \$2.35



Available Daily

***Breakfast Choice:**

Breakfast Sandwich, Cereal, Bagel, Breakfast Bun, PopTart, All Breakfasts served with Fruit/Fruit Juice and Milk. Must take a fruit/juice for a complete meal.

****Lunch Choice:**

Hot Dog, Cheeseburger, Salad Bar, Pizza, or Tuna/PB&J/Cheese Sandwich. Must take fruit or veggie for a complete meal.

Note: Sunflower butter used instead of peanut butter due to allergies.

Make the Grade with SCHOOL BREAKFAST



Join us for National School Breakfast Week
March 2-6, 2015

USDA is an equal opportunity provider and employer.



Choose at least **ONE** serving of **FRUIT** and at least **THREE** items **TOTAL** so your meal counts as a **Complete Breakfast!**

Featuring Healthy Fruits & Grains!

BREAKFAST @SCHOOL

For first-class learning!

Monday, March 2	Tuesday, March 3	Wednesday, March 4	Thursday, March 5	Friday, March 6
Breakfast* Mini Pancakes or Breakfast Choice Above	Breakfast* Pancake/Sausage Stick or Breakfast Choice Above	Breakfast* Mini Pancakes or Breakfast Choice Above	Breakfast* Pancake/Sausage Stick or Breakfast Choice Above	Breakfast* Mini Pancakes or Breakfast Choice Above
Lunch** Max Stix or Lunch Choice Above Sweet Potato Gems or Baby Carrots/Dip Pineapple Tidbits or Fresh Fruit or Juice Choice Milk Choice	Lunch** Chicken Sticks or Lunch Choice Above Steamy Spinach Grape Tomatoes/Dip Peaches or Fresh Fruit or Juice Choice Milk Choice	Lunch** Domino's Pizza or Lunch Choice Above Green Beans or Celery Sticks /Dip Mandarin Oranges or Fresh Fruit or Juice Choice Milk Choice	Lunch** Pasta w/wo Meatballs w/wo Dinner Roll or Lunch Choice Above Garden Peas or Cucumber Coins/Dip Mixed Fruit or Fresh Fruit or Juice Choice Milk Choice	Lunch** Mini Corn Dogs or Lunch Choice Above Baked Beans or Fresh Broccoli/Dip Applesauce or Fresh Fruit or Juice Choice Milk Choice

Join us for Breakfast to Celebrate National School Breakfast Week March 2-6!

Monday, March 9	Tuesday, March 10	Wednesday, March 11	Thursday, March 12	Friday, March 13
Breakfast* Mini Pancakes or Breakfast Choice Above	Breakfast* Pancake/Sausage Stick or Breakfast Choice Above	Breakfast* Mini Pancakes or Breakfast Choice Above	Breakfast* Pancake/Sausage Stick or Breakfast Choice Above	Breakfast* Mini Pancakes or Breakfast Choice Above
Lunch** Mozzarella Sticks or Lunch Choice Above Green Beans or Baby Carrots/Dip Chilled Peaches or Fresh Fruit or Juice Choice Milk Choice	Lunch** Popcorn Chicken w/wo Dinner Roll or Lunch Choice Above Broccoli Florets or Grape Tomatoes/Dip Mixed Fruit or Fresh Fruit or Juice Choice Milk Choice	Lunch** Domino's Pizza or Lunch Choice Above Carrot Coins or Celery Sticks /Dip Mandarin Oranges or Fresh Fruit or Juice Choice Milk Choice	Lunch** Nachos or Lunch Choice Above Refried Beans or Cucumber Coins/Dip Pineapple Tidbits or Fresh Fruit or Juice Choice Milk Choice	Lunch** Shrimp Popcorn w/wo Brown Rice or Lunch Choice Above Tasty Corn or Fresh Broccoli/Dip Diced Pears or Fresh Fruit or Juice Choice Milk Choice

SEASONAL FRESH FRUIT AND SALADS AVAILABLE EVERY DAY

Get out your Ghillies!

Traditional Irish dancers wear colorful outfits and either hard dance shoes ("jig shoes") or soft dance shoes ("ghillies").



March 17
St. Patrick's Day

START FRESH WITH FRUIT!

Every complete Breakfast@School must include a serving of fruit. That's putting FIRST THINGS FIRST!



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!



Prepay your child's breakfast and/or lunch and see balances and meals eaten on the web using your debit or credit card for \$1.95 per transaction. Learn more at www.paypams.com.

How else can you prepay? You can also prepay meals by sending payment in with your child or through the mail. Be sure to include your child's name, homeroom, grade and keypad #.

HELP!

Join the Food Service Team as a substitute. Pay is \$9.00/hr. Work only when your Neshaminy child is in school! Apply at www.source4teachers.com/SAMS or call 215-809-6540 for more information.

SOURCE 4 TEACHERS
Educational Staffing Solutions

Monday, March 16

Breakfast*
Breakfast Sandwich or Mini Pancakes or other Breakfast Choice

Lunch**
Calzonettes or Lunch Choice
Baked Fries or Baby Carrots/Dip
Applesauce or Fresh Fruit or Juice Choice
Milk Choice

Tuesday, March 17

Breakfast*
Breakfast Sandwich or Pancake/Sausage Stick or other Breakfast Choice

Lunch**
Chicken Patty Sandwich or Lunch Choice
Green Beans or Grape Tomatoes/Dip
Chilled Mixed Fruit or Fresh Fruit or Juice Choice
Milk Choice

Wednesday, March 18

Breakfast*
Mini Pancakes or Breakfast Choice Above

Lunch**
Domino's Pizza or Lunch Choice
Garbanzo Beans or Celery Stix/Dip
Diced Pears or Fresh Fruit or Juice Choice
Milk Choice

Thursday, March 19

Breakfast*
Pancake/Sausage Stick or Breakfast Choice Above

Lunch**
Steak Sandwich or Lunch Choice
Sweet Potato Gems or Cucumber Coins/Dip
Mandarin Oranges or Fresh Fruit or Juice Choice
Milk Choice

Friday, March 20

Breakfast*
Mini Pancakes or Breakfast Choice Above

Lunch**
Cheese Quesadilla or Lunch Choice
Steamy Spinach or Fresh Broccoli /Dip
Peach Slices or Fresh Fruit or Juice Choice
Milk Choice

Free and Reduced Price School Meal Application

Applying for Free and Reduced Meals has gotten easier! Apply online at www.paschoolmeals.com
Call the Food Service office if you need help. 215-809-6540

Milk Choice:
Fat Free
Chocolate or Strawberry,
1% White

Whole Wheat or Whole Grain is used in all grain products except pasta until an acceptable product to students is available.

****Menu subject to change.****

Monday, March 23

Breakfast*
Mini Pancakes or Breakfast Choice Above

Lunch**
Mini Pizza Bagels or Lunch Choice
Broccoli Florets or Baby Carrots/Dip
Mixed Fruit or Fresh Fruit or Juice Choice
Milk Choice

Tuesday, March 24

Breakfast*
Breakfast Sandwich or Pancake/Sausage Stick or other Breakfast Choice

Lunch**
Chicken bites w/wo Dinner Roll or Lunch Choice
Cauliflower Grape Tomatoes/Dip
Applesauce or Fresh Fruit or Juice Choice
Milk Choice

Wednesday, March 25

Breakfast*
Mini Pancakes or Breakfast Choice Above

Lunch**
Domino's Pizza or Lunch Choice
Carrot Coins or Celery Sticks /Dip
Diced Pears or Fresh Fruit or Juice Choice
Milk Choice

Thursday, March 26

Breakfast*
Pancake/Sausage Stick or Breakfast Choice Above

Lunch**
Tacos or Lunch Choice
Garbanzo Beans Cucumber Coins/Dip
Pineapple Tidbits or Fresh Fruit or Juice Choice
Milk Choice

Friday, March 27

Breakfast*
Mini Pancakes or Breakfast Choice Above

Lunch**
French Toast Sticks w/wo Sausage or Lunch Choice
Hash Brown Potato or Fresh Broccoli/Dip
Sliced Apples or Fresh Fruit or Juice Choice
Milk Choice



Break begins at the end of classes:
Friday, March 27
Classes resume:
Monday, April 6